

The Kwanzaa Table

The word Kwanzaa comes from the phrase, “matunda ya kwanza” which means “first-fruits.” The Principles and the message of Kwanzaa have a universal message for all people of good will. This African holiday, which runs from December 26 through January 1, is a relatively new holiday that was created in 1966 by Dr. Maulana Karenga in the midst of African-American struggles for liberation. Kwanzaa was established to reaffirm the vision and values of African culture and encourage creativity in children.

In the Kindred Spirits art studio we will learn the seven principles of Kwanzaa including Kujichagulia (Self-Determination), Kuumba (Community Creativity) and Tmani (Faith). We will construct symbolic items of Kwanzaa, participate in an authentic Kwanzaa menu and celebrate this cultural holiday with profound respect for its values, symbols and practices.

The Kwanzaa Table will begin October 7, 8 and run through November 20, 2004. Be sure to see the calendar on the registration form or website for date specifics. There will be days when the studio is closed. Our Gala Public Reception will be Saturday, November 20 marking the close of Kindred Spirits Autumn 2004 Session. For our celebration, the ritualistic items created in the Kindred Spirits studio will be arranged as a unified table centerpiece and participants will join in making traditional Kwanzaa food for the event. Recipe books will be constructed during Adult Night for all our participants and guests.

Space is limited and classes fill quickly, so reserve your spot soon by sending your registration form with tuition to:
Kindred Spirits, 974 East 2100 South, Salt Lake City, Utah 84106
Voice messages can be left at 801-232-1430

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